

# The iConnect



Find out everything you need to know about the iConnect web-based platform and mobile app!

## Project

## 6 things you need to know about the iConnect platform :

Interested in hearing more about our online peer support platform and mobile application? Here are the basics

### 1. It's a front door



Our chat platform will be an online front door to connection, mental health resources, peer support and recovery services for young adults with mental health concerns who are in transition between various life stages.

### 2. It's a customizable tool

iConnect will be more than just a chat platform, it will have a list of features that organizations can turn on and off to be the best tool possible for that organization to meet young adults where they are.



### 3. Young adults are leading our way

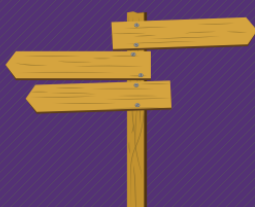
We are committed to co-designing this platform with young adults from the start. They are the experts here and we are building something together to make their lives easier.

### 4. We have some awesome features

Our features allow organizations a key into the online world with peer support and clinician chat, online peer support training, interactive resources and tools, and more. We hope to build a safe place online for young adults.



### 5. Services that make sense



We think young adults know best, and we hope to model a young adult-driven approach to mental health services by collaborating with young adults throughout the project. This will create services that meet youth where they are, and create a better understanding of their experience.

### 6. We have awesome partners

The iConnect Project is a collaboration between George Brown College and Stella's Place, and is funded by the Ministry of Training, Colleges and Universities' Mental Health Innovation Fund.



**For more information about the iConnect Project, contact Alicia Raimundo at [araimundo@stellasplace.ca](mailto:araimundo@stellasplace.ca)**

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