



Family Outreach & Response Program

Families Achieving Mental Health Recovery

March 28th, 2016

To whom it may concern,

I am writing on behalf of our program, Family Outreach and Response (FOR), in support of Stella's Place. Working with families who are supporting youth in distress, FOR recognizes the need for a recovery and peer based youth mental health program in Toronto. All too often transitional aged youth are unable to find the supports they need for their recovery and wellness. When supports are found there are often long wait times and criteria that create barriers to engagement.

The uniqueness of Stella's Place, being designed for youth by youth, is an approach to care that is needed in our system. In addition to developing innovative supports, Stella's Place has created opportunities for education, training and employment for youth with lived experience. These opportunities are incredibly valuable to the recovery process.

FOR is excited to be partnering with Stella's Place on group initiatives including Talk to Youth Now (TTYN), a youth peer support drop in, and Early Intervention Family Recovery Groups. Stella's Place shares our values of recovery, resiliency and family centered care. We look forward to continuing to work together and witnessing this amazing program grow.

Sincerely,

Gillian Gray
Executive Director