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Ms. Susan Davis

Stella's Place
18 Camden St,
Toronto, ON
M5V 1V1

June 9, 2016

Dear Stella's Place Community,

The Gerstein Crisis Centre is pleased to partner with Stella's Place. We will be collaborating to develop the Peer Support Training Program and the online platform for engagement and support of young adults with lived experience. Building reciprocal access pathways will ensure that young adults served by both Stella's Place and Gerstein Crisis Centre will be able to get the clinical, wellness and crisis supports they need, when and where they need them.

Stella's Place's efforts to offer comprehensive mental health services for young adults in a positive, peer-engaging, and community-based setting offers a significant contribution to the young adult mental health sphere. Services and resources tailor-made with and for young adults are much needed in Canada. There is a growing number of young people who seek crisis services, many of whom are in school, and/or experiencing other life transitions. Last year our crisis team spoke to over 4000 youth seeking support during a crisis.

The Gerstein Crisis Centre is a community-based crisis response service for adults 16+ in the City of Toronto. We understand the significant and important contribution of peers, diverse approaches to support, capacity building, and collaboration with partners and service users to support people seeking service in accomplishing their goals, feeling and living well. When supports are easily available, comprehensive and well-coordinated, youth can access them early on in their crisis or when their mental health difficulties begin and this can go a long way in preventing crisis and create fewer disruptions to their lives.

We are excited by our current collaborations and look forward to an ongoing partnership that strengthens our mutual capacity to provide meaningful support to youth, respecting their dignity, their abilities and their desires.

Sincerely,

Susan Davis
Executive Director
Gerstein Crisis Centre

