



Intake Session FAQs

What is the Intake Session?

The Intake Session is an hour group meeting, open to all young adults (16-29 years old) who are interested in Stella's Place's services. The meeting consists of the Access Team explaining who we are and what we do, reviewing the program list, and completing some intake paperwork. This meeting is the first step in the intake process. Doing an intake is only necessary for some programs at Stella's Place, however any young adults interested in learning about our programs can attend.

When are Intake Sessions?

Intake Sessions run every Thursday at 3pm.

What must I do to come to an Intake Session?

Just drop-in! Please note you must be here on time and spots are given out on a first come first serve basis. You can choose to attend on whichever date works best for you. Please note that spots can fill up fast and for that reason it is recommended that you come in early.

What happens after the Intake Session?

If you are interested in programs that require an intake, the Intake Session is the first step in this process. During the Intake Session, you will complete some paperwork in which you can indicate if you'd like to move forward with accessing programs at Stella's Place. If so, you will be offered an individual meeting with our Access Counsellor to collaboratively plan your services at Stella's Place.

What to expect:

This intake session was created to minimize intake wait times. It is an opportunity for us to orient many people to our space and services at once. We do not ask you to share your name or any other private information out loud in this group space. We do our best to maintain your privacy in this session. If you decide to move forward with the intake process, you will have an opportunity to meet privately with a member of the Access Team to talk openly about your interest in Stella's Place services and to collaboratively plan your care with us.

We hope to see you at an Intake Session soon!

If you have any questions or concerns please email us at connect@stellasplace.ca