



Young Adult
Mental Health

STELLA'S PLACE JOB POSTING

PSYCHIATRIST- Young Adults

Posting Date: March 14, 2019
Application Close Date: April 5, 2019 (4:00pm)

POSITION: PSYCHIATRIST (Available in April 2019; 1 day/week)

POSITION DESCRIPTION:

Stella's Place is seeking a psychiatrist who is interested in being involved with clinical, peer, and recovery based programming in an innovative and dynamic setting. Stella's Place is a community-based young adult mental health centre that offers low barrier access to treatment. Our space and services were co-designed with young adults. Our psychiatry program offers young adults the opportunity to meet with a psychiatrist, learn more about their experiences, and consider medications. As a Psychiatrist, you will collaborate with the primary care provider (GP) to help to create a welcoming community and provide diagnostic assessment, education, and treatment to young adults who attend Stella's Place.

RESPONSIBILITIES:

The Psychiatrist will:

- Conduct consultations with young adults to help inform their recovery plans
- Offer recommendations to patients, clinicians, the GP, peer-supporters, and other members of the multidisciplinary team regarding young adults' treatment and recovery planning
- Prescribe medication as needed
- Provide ongoing consultation to Stella's Place team, including GP
- Support referrals to other programs and services
- Contribute to the use of quality, health, participant satisfaction and outcome measures for the program, ensuring a model of continuous quality improvement is maintained
- Participate in educational activities and initiatives to enhance the skills, experience, and knowledge of Stella's Place staff
- May provide more thorough assessments and follow-up for complex young adults

QUALIFICATIONS:

REQUIRED:

- MD, FRCPC
- Experience in delivering clinical services to young adults 16 – 29 years of age
- Demonstrated experience in providing psychiatric consultations and treatment planning

- Demonstrated experience working with diverse populations, utilizing culturally-responsive, trauma-informed and anti-oppressive approaches
- Demonstrated experience working collaboratively as a member of a multidisciplinary team
- Willingness to use a collaborative and choice-based approach to medication
- Comfort working with young adults who present with high risk behaviours including suicidal ideation, self harm, substance use, eating disorders, and interpersonal conflict
- Comfort working with young adults with significant history of involvement in the mental health system, and may have experienced trauma from their experiences
- You will have a strong clinical foundation, including skills/knowledge related to:
 - Unique developmental issues of young adults
 - Evidence-based clinical treatment modalities and practice guidelines
 - Clinical consultation, including assessment, goal setting, and recovery planning
 - Recovery supports (peer led, education, employment, transition coaching)

PREFERRED ASSETS:

- Experience working with Peer Support Workers
- Experience in a community mental health setting
- Knowledge of youth and young adult mental health services
- Applicants from diverse racial and cultural communities and individuals who identify as LGBTQ+ will be an asset to the team

COMPETENCIES:

1. **Builds rapport:** Builds rapport with patients and staff, by listening actively to understand their needs. Is open to others input/perspectives; is personable, easy to be with. Shows empathy, respect and curiosity when listening to others; seeks to understand how to communicate with, and serve, diverse populations.
2. **Team player:** Recognizes and values what other team members contribute, demonstrates capacity to incorporate others' perspectives (specifically young adults with lived experience). Willing to get involved in multiple aspects of program delivery as it relates to psychiatry.
3. **Confident communicator:** Confidently advocates and coordinates treatment plans for clients; engages others in building a network of community and professional support. Maintains contact with other community agencies, and in planning/evaluation aimed at improving services for young adults with mental health issues. Has the confidence and energy to inspire others.
4. **Leverages clinical knowledge:** Has a strong clinical foundation with specific expertise in evidence-based comprehensive clinical assessment/diagnostic guidelines and treatment modalities, clinical streams, and recovery supports for young adults with mental health issues; brings own practical, clinical, theoretical knowledge/expertise to bear on the development of clinical pathways and systems of care.
5. **Diversity and Cultural Competence:** Comfortable working with diverse populations, utilizing culturally-responsive, trauma-informed and anti-oppressive approaches. Seeks to develop an understanding of own personal, cultural values and beliefs as way of appreciating clients with diverse values, beliefs and behaviors; tailors service delivery to meet clients' social, cultural, and linguistic needs.

6. **Assumes Professional Responsibility:** Demonstrates professional integrity and a commitment to their clients, public and profession. Practices within scope of professional and personal limitations and abilities. Adheres to the *Code of Ethics* recognized by the provincial regulatory organization. Applies ethical frameworks to solve ethical situations.
7. **Thinks Critically:** Demonstrates sound professional judgment and clinical reasoning in decision-making. Reflects on problems/situations to ensure safe, ethical and effective practices are employed. Engages in reflection and evaluation, and integrates findings into practice.

REPORTING:

The Psychiatrist will communicate regularly with the Director of Program Operations.

DIVERSITY, EQUITY, AND ACCOMMODATION

Stella's Place is committed to having a workforce that is reflective of the diversity of the broader Toronto community in general and of our participants. We strongly encourage applications from: racialized persons, indigenous persons, persons with disabilities, persons of minority sexual orientation or gender identity, and all those who can provide different perspectives and contribute to the diverse Stella's Place community. Stella's Place is committed to hiring practices that are inclusive and barrier free. Stella's Place will provide reasonable and appropriate accommodation during all stages of the hiring process in accordance with the Ontario Human Rights Code in order to ensure the equal and fair assessment of all job applicants. Applicants are asked to make any accommodation request in advance. We thank all candidates for their interest.

YOUR APPLICATION

Interested and qualified candidates are invited to submit a letter of interest and CV to jchoi@stellasplace.ca by April 5, 2019, with subject: Psychiatrist.

We thank you for your application, however we regret that only those selected for an interview will be contacted. Applications will be accepted until position is filled.