



Stella's Place Volunteer Posting

Volunteer Walk-In Counsellor Casual

Posting Date: September, 2019
Application Close date: Until filled
Position: Volunteer Walk-In Counsellors

POSITION DESCRIPTION

Stella's Place is a community-based, integrated mental health and treatment service for young adults (16-29 years). We utilize innovative clinical practices and processes that put young adults in the 'driver's seat' of their own recovery plan. Given the demand for our services we are currently looking to expand our team of Volunteer Walk-In Counsellors. Stella's Place is seeking Volunteer Walk-In Counsellors with a background/training in clinical counselling (e.g., Registered Psychotherapist, Registered Social Worker, Occupational Therapists) to deliver single session counselling.

The Stella's Place Walk-in Counselling program is an innovative service that offers free, low barrier counselling to young adults in the community. The counselling that is offered is brief, recovery oriented, strengths-based and solution-focused; our approach is participant-centered and collaborative. Stella's Place Walk In Counselling Programs offers volunteers a unique opportunity to develop their clinical skills, learn how to deliver counselling within a single session model, and a learning environment where they can be part of clinical consultation and receive supervision.

RESPONSIBILITIES

Volunteer Walk-In Counsellor responsibilities include but are not limited to:

- Committing to a 3 hour shift a minimum of once per month on a Tuesday evening from 4:00 to 7:00 pm (although more shifts are encouraged).
- Providing single session individual counselling
- Ensuring quality service for diverse populations, utilizing culturally-responsive, trauma-informed and anti-oppressive approaches
- Collaborating with Stella's Place Staff (e.g., Peer Support Workers, Access Coordinators and Clinicians) to meet the needs of young adults
- Writing brief clinical notes to document counselling sessions
- Participating in on site clinical supervision
- Contributing to the use of quality, health, client satisfaction and outcome measures for the program, ensuring a model of continuous quality improvement is maintained
- Participating in relevant training, educational activities and initiatives to enhance skills, experience, and knowledge

QUALIFICATIONS

REQUIRED

- Master's degree or specialization in mental health-related disciplines such as Social Work, Clinical Psychology, Nursing, or Occupational Therapy
- Membership in a professional college (e.g., OCSWSSW, CRPO)
- Training and qualification with clinical treatment approaches including, but not limited to MBCT, DBT, CBT, ACT, MSRB, Brief Solution Focused Therapy
- Demonstrated experience working with diverse populations, utilizing culturally-responsive, trauma-informed and anti-oppressive approaches
- Demonstrated experience working collaboratively as a member of a multidisciplinary team
- Experience with Personal Health Record management and Health Information Custodian requirements; demonstrated ability to learn and use new software systems

You will have a strong clinical foundation, including skills / knowledge related to:

- Unique developmental issues of transition-aged young adults
- Evidence-based clinical program treatment modalities
- Clinical consultation, including assessment, goal setting, safety planning, and recovery planning
- Whole health – fitness, nutrition, primary health, and mindfulness-based stress reduction
- Family education and support
- Recovery supports (peer led, education, employment, transition coaching)
- Evaluation research and outcome measures

PREFERRED ASSETS

- Applicants who have lived experience with mental health challenges would be considered an asset to the team.

POSITION STATUS

Start Date: September 2019

In this role you will work independently as well as with a multidisciplinary team of Peer Supporters, Access Coordinators, Clinicians and other Volunteer Walk-In Counsellors who are a part of the Stella's Place Community. This position requires working at least one 2 hour shift a minimum of 1 time per month on a Tuesday evening from 4:00 to 7:00 pm (although more shifts are encouraged). Stella's Place asks that all Volunteer Walk-In Counsellors Commit to the position for a minimum of 1 year.

Regular communication, coaching, mentoring, personal and professional development, and evaluation will take place with the Clinical Supervisor of the Walk In Counselling Program.

DIVERSITY, EQUITY, AND ACCOMMODATION

Stella's Place is committed to having a workforce that is reflective of the diversity of the broader

Toronto community in general and of our participants. We strongly encourage applications from: racialized persons, indigenous persons, persons with disabilities, persons of minority sexual orientation or gender identity, and all those who can provide different perspectives and contribute to the diverse Stella's Place community.

Stella's Place is committed to hiring practices that are inclusive and barrier free. Stella's Place will provide reasonable and appropriate accommodation during all stages of the hiring process in accordance with the Ontario Human Rights Code in order to ensure the equal and fair assessment of all job applicants. Applicants are asked to make any accommodation request in advance.

YOUR APPLICATION

Interested and qualified candidates, please send your resume and cover letter to careers@stellasplace.ca with subject: Volunteer Walk-In Counsellor.

Clearly state in your cover letter:

- Your background/experience and specific areas of counselling specialization
- Why you would be a good fit with Stella's Place

We thank all candidates for their interest. We regret that only those selected for an interview will be contacted. NO PHONE CALLS PLEASE.