



Summer Student – Community Mental Health Counsellor

Stella's Place Assessment and Treatment Centre is the first comprehensive, integrated, community-based assessment and treatment center in Canada for young adults (aged 16 to 29) experiencing mental health challenges. Founded by concerned parent and philanthropist Donna Green in 2013, it now delivers a range of strength-based individual and low-barrier group counselling services. Since its inception, it has served thousands of young adults in Ontario.

Stella's Place is privately funded and is unique in its approach to healing, which includes peer support and a co-creation model that includes young adults – a proven strategy for success. A recently completed \$14-million capital campaign has resulted in a state-of-the-art program facility in downtown Toronto, officially opening in the spring of 2023.

We are looking for (1) **Summer Student - Community Mental Health Counsellor** to join our team. This position will report directly to the Manager of Clinical and Recovery Services.

Responsibilities:

- Provide mental health counselling to our young adults ages 16 – 29 years old
- Develop treatment plans for participants based on their unique needs and goals;
- Utilize evidence-based interventions and therapists to help participants achieve their treatment goals;
- Collaborate with other mental health professionals to coordinate care for participants;
- Maintain accurate and timely documentation of participants' progress and treatment plans;
- Conduct outreach to increase awareness and access to Stella's Place mental health services;

Shifts at Stella's Place are weekdays 10 am - 6 pm and 12 pm - 8 pm.

Requirements:

The ideal candidate for the Summer Student - Community Mental Health Counsellor position will possess the following:

- In the process of completing the final year of a BSW, MSW, Psychology or Occupational Therapy;
- Experience facilitating Drop-in programming and implementing



Young Adult
Mental Health

systems to improve efficiency;

- Ability to respond effectively to distress while remaining self-regulated;
- Knowledge and familiarity in working with young adults ages 16 – 29 years old
- Excellent written, communication and facilitation skills;
- Outstanding attention to detail;
- Understanding and appreciation of diversity and cultural awareness;
- Tech-savvy, including knowledge of Google Suite and MS Office
- Excellent interpersonal skills with the ability to work effectively both independently and collaboratively with others;
- Ability to work with a dynamic and fast-paced multidisciplinary team;
- Ability to support and contribute to a positive work environment;
- Candidates must have a valid Social Insurance Number at the start of employment and legally entitled to work in Canada;
- A vulnerable sector security check is required as part of the hiring process.

Stella's Place is committed to having a workforce that reflects the diversity of the City of Toronto and our participants. We strongly encourage applications from BIPOC groups, persons with disabilities, and individuals who identify with the LGBTQ2S community. While we appreciate all interest, we are looking to hire as soon as possible and only those candidates selected for an interview will be contacted. To apply, please email hr@stellasplace.ca with the subject line **Summer Student-Community Mental Health Counsellor**.