



Young Adult  
Mental Health  
[stellasplace.ca](http://stellasplace.ca)

# THE FUTURE OF MENTAL HEALTH



@stellasplacecanada



/stellasplace



@Stella's Place



@stellasplaceca



@stellasplaceca

## Opportunity for a Research Assistant

Stella's Place Assessment and Treatment Centre is the first comprehensive, integrated, community-based assessment and treatment centre in Canada for young adults (aged 16 to 29) experiencing mental health challenges. Founded by concerned parent and philanthropist Donna Green in 2013, it now delivers a range of strength-based individual and low-barrier group counselling services. Since its inception, it has served thousands of young adults in Ontario.

We are developing and testing innovative support approaches to increase the capacity of the mental health sector to serve young adults effectively. Our supportive approaches and interventions strive to not only guide & educate but empower individuals to take the lead in their recovery. We offer an extensive range of services in both virtual and physical spaces.

Stella's Place has engaged young adults with mental health challenges to identify meaningful program activities and outcomes as related to their experiences with our integrated peer support and clinical/recovery services. We are contributing to the evidence base of best practices supporting young adult mental health and wellness and demonstrating the impact of our prototype model of leading-edge service delivery. We have extended our co-design approach with participants to build the evaluation framework that is foundational to our evaluation and data collection processes. We use these data for quality improvement initiatives and to further our research initiatives.

Our Research and Evaluation department has an unpaid opportunity for a Research Assistant, reporting to the Director of Research and Evaluation, that would be ideal for a student placement term. This opportunity can either be full-time or part-time, depending on the student's requirements. The Research Assistant will work with the service teams and will carry out tasks that support ongoing research and evaluation activities. The Research Assistant will acquire or solidify fundamental skills in young adult mental health research and program evaluation while building subject matter expertise. They will also gain experience and associated skills (time management, communication, etc.), being part of an analytics-based team that has its own deliverables and plays a significant role in supporting other teams' advancement through collaboration.

Work from Home/Remote: Hybrid - approximately half the time in office, 54 Wolseley Street, Toronto, ON M5T 1A5



Responsibilities for this position include:

It is expected that the consideration of social determinants of health is incorporated in all aspects of work:

- Supporting the research & evaluation team and collaborating with program staff in the evaluation of specific youth programs
- Evaluation planning (such as drafting evaluation plans & procedures, writing surveys while contemplating bias, etc.) and the development and coordination processes related to data management and data quality
- Implementation of evaluation plans
- Quantitative and qualitative data analysis
- Knowledge translation & exchange activities
- Supporting data collection efforts, including participant recruitment, for both evaluation and research purposes, as required
- Assisting with technical report writing and producing infographics, presentations, etc. and presenting findings to staff, young adults, community members, and additional identified stakeholders
- Organizing and managing virtual drives, client data entry and storage systems (e.g., shared folders, relevant resources, and literature), and data management protocols
- Establishing positive and productive working relationships with the research & evaluation and program staff, participants of Stella's Place, as well as research partners and additional stakeholders
- Providing regular updates on progress made to the Director of Research and Evaluation and Research Associate Analyst
- Carrying out other miscellaneous responsibilities as assigned by the Director of Research and Evaluation

The ideal candidate for this position will possess the following:

- In the process of completing a postgraduate diploma or graduate degree in Public Health, Health Informatics, or similar. Students from programs such as Social Work, or related, with analytical skills and an interest in research & evaluation are also encouraged to apply.
- Deep knowledge and interest in social determinants of health
- Working knowledge of qualitative and quantitative evaluation methods, including survey methodology
- Working knowledge of community-based research and evaluation
- Awareness of youth and young adult development and the youth/young adult mental health service sector in Toronto
- Experience creating presentations for varied audiences
- Excellent oral and written communication skills; comfort and skill in presenting
- Outstanding attention to detail
- Demonstrated diversity and cultural competence; demonstrated understanding of the



Young Adult  
Mental Health  
[stellasplace.ca](http://stellasplace.ca)

# THE FUTURE OF MENTAL HEALTH



@stellasplacecanada



/stellasplace



@Stella's Place



@stellasplaceca



@stellasplaceca

- Tech-savvy, including knowledge of Google Suite and MS Office (advanced Excel)
- Experience with statistical analysis software, such as IBM SPSS & open-source geographic information system (GIS) software would be a strong asset
- Effective decision-making, organizational and problem-solving skills
- The ability to be flexible, self-reflective, and supportive, with excellent boundaries
- Excellent interpersonal skills with the ability to work effectively both independently and in a dynamic and fast-paced multidisciplinary team environment and the ability to support a positive and healthy work environment are essential
- Candidates must have a valid Social Insurance Number at the start of employment and be legally entitled to work in Canada under relevant provincial or territorial legislation and regulations
- A vulnerable sector security check is required as part of the hiring process

We strongly encourage youth who self-identify as being part of the priority groups to apply; youth with disabilities, black and other racialized youth, and Indigenous youth.

Stella's Place is committed to having a workforce that reflects the diversity of the City of Toronto and our participants. We strongly encourage applications from racialized persons, Indigenous persons, persons with disabilities, persons of diverse sexual orientation, gender identity and gender expression and all those who can provide and contribute to the diversification of perspective at Stella's Place.

While we appreciate all interest, only those candidates selected for an interview will be contacted.

To apply, please email Laera Gattoni, Director of Research & Evaluation at [lgattoni@stellasplace.ca](mailto:lgattoni@stellasplace.ca)